

## HISTORY OF RULE CHANGES IN WATER POLO

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### **Abstract**

*The modern water polo has very few similarities to the game originally introduced in England. In the course of its centennial history almost every aspect of the game has changed. The duration of the periods, as well as their number, the quantity of team members, the attacking time and exclusions and many other aspects have gradually evolved giving the modern water polo a totally different appearance. Significant improvements have also been made concerning the general preparation of the athletes. In general, the evolution of water polo game is a long process that still goes on. The main goal of this study was to systemize the major changes in the game's history.*

**Key words:** *water polo, history, game rules*

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