THE PRESENCE OF POORE POSTURE KIFOTIC IN ELEMENTARY SCHOOL, DEPENDING ON THE REASON FOR SPORT AVOIDING

Abstract

The subject of this paper is to determine the presence of kifotic bad posture of primary school students, depending on the reason sports are not addressing. The research was conducted at the age of 12 years, ± 6 months, the sample was counted 299 students. To assess kifotic keeping low body it was used a method of somatoscopy and somatometry, in determining bad posture was used to mean mild criteria. Participation in sports activities, assessed by questionnaire fill up by the respondents. The reason for not practicing sports in the largest number of students are other reasons and the large membership, followed by distance from the residence of maintaining the desired discipline with sports, while the percentages of other reasons, very balanced. Kifotic bad posture, seen within the choice, most pronounced in the group answers to the candidate lives far away, followed by a group of patients whom the amount of the monthly fee is high, and those subjects with low achievement in school.

Key words: kifotic posture, sport activities, pupils