WHAT KIND OF APPROACH TO SOMATOTYPE DETERMINING IN KINESIOLOGY?

Abstract
The aim of this paper was to determine actual systematic position for human morphological definitions. It is well known that such a job is very serious and even more complex. So, first of all we have to rearrange basics, include all possible significant ideas and try to reach frontiers in this complicated area. We are in that work app. 30 years, and still are looking for new universal concept. We hope this article will help others to establish strong and sustainable concept, a theory for better praxis and transformation processes.

Key words: morphological characteristics, somatotype, kinesiology, conceptual approach